



Our Lady Queen of Peace Women's ACTS Retreat

Pallottine Renewal Center

November 19 - 22, 2020

"Come You Who are Blessed by My Father"

We invite you to join us for a special weekend of spiritual growth and renewal.

Our Lady Queen of Peace Parish is now accepting registrations for the **November 19-22, 2020 ACTS** weekend retreat for women. This parish-based retreat offers the opportunity to renew your spirituality and prayer life, to strengthen your faith and its application in your daily life, and to build lasting friendships among members of the parish community. Your fellow parishioners present the retreat with approval from your pastor.

The Retreat begins Thursday evening, November 19th, with check-in at 6:30 in church. Transportation to Pallottine Renewal Center is provided for all retreatants following check-in. Transportation is also provided from Pallottine for attendance at the 10:30 am Mass at Our Lady Queen of Peace with a luncheon following in the school cafeteria.

The cost of the retreat is \$260. Make checks payable to Our Lady Queen of Peace with "ACTS" in the memo line. PLEASE NOTE: Financial difficulties should not prevent anyone from attending the retreat. Financial assistance is available.

If you have any questions or need further information regarding the retreat, please contact the retreat director: Marie DeClue: (618) 779-6325

Please deliver your registration form/fee to the parish office or to any ACTS Team Member

ACT Women's Retreat
Our Lady Queen of Peace ACTS
132 Butcher Street
Bethalto, IL 62010

A week or two prior to the retreat, you will receive a letter describing what to bring with you for the weekend.

Name: _____ Parish: _____

Name you would like on your nametag: _____

Street Address: _____ City/State/Zip: _____

Home Phone: _____ Work phone: _____ Cell Phone: _____

E-mail Address: _____

Any special dietary, physical or other needs for the weekend: _____

Allergies, if any: _____

1st Emergency/Family contact: _____ Relationship: _____

2nd Emergency/Family contact: _____ Relationship: _____

Street Address: _____ City/State/Zip: _____

Home Phone: _____ Work Phone: _____ Cell Phone: _____

ACTS Retreat: FAQs

Q: How long is the retreat? What do I need to bring with me?

A: The retreat begins in church on Thursday evening at about 6:30 and is completed at 10:30 am Mass at Our Lady Queen of Peace on Sunday. While most of the activities take place indoors, you will likely spend some time out doors, so pack accordingly. Also, pack things you would typically bring for a short trip - toiletries, medications, etc. Bedding and towels are provided, but you could choose to pack a pillow and extra towel if you like. Bring clothes appropriate for Mass on Sunday.

Q: What about accommodations and meals?

A: Typically, you have a private room with a small bathroom (sink, toilet, shower). The food is great - three meals are served each day and the retreat team makes certain that snacks and non-alcoholic beverages (water, soda, coffee) are available during the day. If you have special dietary needs, it is helpful if you note them on the registration form when you sign up for the retreat.

Q: Are there any requirements for making an ACTS Retreat?

A: All are invited, Catholics and non-Catholics. The only requirement is a willingness to spend some time with God and with fellow parishioners. We take pride in hosting our non-Catholic parishioners.

Q: How is the retreat run?

A: The retreat is run by your fellow parishioners - women if you're on a women's retreat and men if you're on a men's retreat. They spend time prior to the retreat meeting weekly and preparing spiritually for the retreat, as well as handling most all the planning and logistics for the weekend. Each team has a priest, and he has a large role in the weekend as well.

Q: So, what EXACTLY happens on the retreat? What activities? Is it a silent retreat? If not, am I required to participate?

A: This isn't a silent retreat-it is more participative. While the retreats are planned around the same format, they all happen a little differently and part of the blessing (and enjoyment) of the retreat is discovering what it means to you as it happens. For this reason, it is hard to get into specifics. There is prayer, reflection, liturgy and discussion. You can choose to participate in the discussion as much or little as you like. People are different, so their experience and reaction to the retreat differs, but if you talk to men and women who have been on the retreat, you'll see that responses are typically very positive.

Q: What is ACTS?

A: ACTS is an acronym that stands for Adoration, Community, Theology and Service. It is a retreat format that was started in San Antonio, Texas and grew out of other retreat formats that already existed. It is centered on how we as Catholics can improve our relationship with God and build a better, stronger faith community. As you might guess, you will hear a little about each of the elements of the ACTS acronym on your retreat.

Q: So, if I go on the retreat, am I required to participate more in the future? Do I have to do certain things? Do I have to be on a retreat team or be involved in other ACTS centered activities?

A: The short answer is no, you don't have to do anything after the retreat. Hopefully, during the retreat you learn things about your faith, yourself and the way others practice their faith. The goal isn't more members for a group; it is a better, stronger relationship with the Lord. If that relationship moves you to also become more active in our parish community, that's great!

Q: Where can I get more information? *A: Call or text the Director of this retreat: Marie DeClue @ (618) 779-6325.*